




December 1, 2010 - Visit our website: [www.cleanrite-buildrite.com](http://www.cleanrite-buildrite.com) 

TOPIC OF THE MONTH - HOLIDAY SAFETY

## Carbon Monoxide & Holiday Safety

Carbon monoxide (CO) poisoning is the leading cause of accidental poisoning deaths in America by killing about 500 people yearly. High levels of CO can kill in a matter of minutes; moderate levels can cause permanent neurological problems. Unfortunately, most people are not aware that they are being exposed to CO until it is too late because carbon monoxide is a colorless and odorless gas that is produced when fuel is burned. Natural gas, oil, kerosene, wood, coal, and charcoal all produce CO. When appliances that burn these fuels are maintained and working properly, they will not produce hazardous levels of CO, however, problems can arise if the appliances are not working properly or not maintained.



**The number one protection against CO poisoning is installing a carbon monoxide detector or alarm in your home.** Carbon monoxide detectors are relatively inexpensive - about \$35 to \$45. Do not confuse carbon monoxide detectors with CO fire detectors, which are electronic detectors that sound against a fire by sensing CO levels in the air. These fire detectors are not designed to protect people from carbon monoxide poisoning. However, there are detectors that can do both. They usually cost about \$5 to \$10 more and are labeled as a **combination smoke and carbon monoxide detector** (as seen above). Whichever type you choose, make sure you follow the manufacturer's guidelines for installing and maintaining it. The best detector money can buy will not work if it is installed incorrectly or if it is not maintained. Lastly, make sure the detector is certified by the Underwriters Laboratories (UL) and meets voluntary UL standard 2034.

You should never totally rely on your carbon monoxide detector for protection. Preventing CO poisoning is as important as installing a carbon monoxide detector. However, once they are installed, they become an effective safeguard for you and your family. Carbon monoxide detectors will cost only a few cents per month, but the benefits are priceless.

Please read the following excerpt on more ways to protect your home and family donated by Chico Association of Realtors, **"Ways To Winterize Your Home"** by Paul Bianchina:



As the seasons change and we get ready to move inside once again, there are a number of things you want to take care of in order to improve comfort, ensure safety and keep those winter utility bills as low as possible.

Check fireplace safety and efficiency: For conventional fireplaces, give some serious thought to installing airtight glass doors to improve efficiency and reduce drafts. If you already have doors, check and replace the door seals as needed, and adjust door latches and hinges. Also, now...

*(continued inside)*



Dear:  
Friend & Client,



Congratulations to  
**Natasha Dial** from  
**Shaw Insurance Group**  
of Anderson for winning our  
**Monthly Newsletter**  
**Contest for September!**



**Natasha won a Home Depot \$35 Gift Card and so can you!**  
Simply answer the question on the back of this newsletter.

We will draw one lucky winner from all our correct answers at the end of each month!

**Good Luck!**



# Dan's Corner

## Safety First!

Year-round Cleanrite-Buildrite encourages the safest practices in maintaining your home or business and there is no other time more crucial to us than the holiday season to ensure your family's safety from the unexpected. In 2010 Cleanrite-Buildrite volunteered at a variety of fire safety events. Most recently we encouraged fire safety with children during the North Valley Fire Expo October 27 and also participated with the Safety Pals Program, teaching children about fire prevention. As a family business there is nothing more important to us than your family's protection.

I encourage you read about carbon monoxide detectors (cover page), holiday tip from the Anderson Fire Protection District (next page), and finally I encourage you to sit down with your family and go over your personalized evacuation plan.

From my Family to Yours – I wish you a very Peaceful and Safe Holiday Season!

My Door is Always Open,  
**Dan Andreason**  
 President, Cleanrite-Buildrite



## Thank you Anderson Fire Protection District for the Following Important Tips:



### Anderson Fire Marshall's Tips for Safe Holiday Decorating

- Be careful with holiday decorations. Choose decorations that are flame resistant or flame retardant.
- Keep children, decorations and pets and other things that can burn away from lit candles.
- Use lights that have the label of an independent testing laboratory. Some lights are only for indoor or outdoor use, but not both.
- Replace any string of lights with worn or broken cords or loose bulb connections. Connect no more than three strands of mini light sets and a maximum of 50 bulbs for screw-in bulbs.
- Use clips, not nails, to hang lights so the cords do not get damaged.
- Test your smoke alarms and tell guests about your home fire escape plan.
- Keep matches and lighters up high in a locked cabinet.
- Stay in the kitchen when cooking on the stovetop.
- Ask smokers to smoke outside. Remind smokers to keep their smoking materials with them so young children do not touch them.



ANDERSON FIRE PROTECTION DISTRICT

## Where to Find CRBR

January 13: North Valley Property Owner's Association Expo 2011 (530)345-1321 www.NVPOA.org

**RECIPE OF THE MONTH**

### Gourmet Sweet Potatoes

5 sweet potatoes	2 eggs	2 Tbs heavy cream
1/4 tsp salt	1 tsp vanilla extract	3 Tbs all-purpose flour
1/4 c butter, softened	1/2 tsp ground cinnamon	3/4 c light brown sugar, packed
1/4 c butter, cold	1/2 c white sugar	1/2 c chopped pecans

Preheat oven to 350°F. Lightly grease a 9x13 inch baking dish. Bake sweet potatoes 35 min, or until soft. Cool slightly, peel, and mash in a large bowl. Mix in salt, softened butter, eggs, vanilla extract, cinnamon, sugar, and heavy cream. Transfer to the prepared baking dish. In a medium bowl, combine cold butter, flour, brown sugar, and chopped pecans. Mix with a pastry blender or your fingers to the consistency of course meal. Sprinkle over the sweet potato mixture. Bake 30 minutes in the preheated oven, until topping lightly browned.

- *Scottie Sewart, Youth and Family Programs in Anderson*

## Contribute to our Newsletter Today!

We would be more than happy to consider any industry related articles or tips from you for our newsletter. You may also submit your favorite recipe and we would be honored if you would write a testimonial as a 'Cheerleader Customer'.

Please contact! Marketing@crbr.com or 1-800-870-0030, ask for Janelle x2115

*I will honor Christmas in my heart,  
and try to keep it all the year. ~Charles Dickens*

## Carbon Monoxide and Home Safety (Continued from Front)

... is the time to have the chimney cleaned and checked for problems, and to check spark arrestor caps. (Cleanrite-Buildrite also wants to remind you that the residue that sticks to the inner walls of the chimney is called creosote, if this builds up in sufficient quantities and ignites in the flue, a chimney fire will be the result. With proper chimney system care, chimney fires are 100% preventable).

**Check smoke detectors:** As always, fall and spring are the times to replace your smoke detector batteries, as well checking that the detector is operating correctly. If you have an older house with a limited number of smoke detectors, you also need to install additional detectors outside each bedroom.

**Check the heating system:** A heating system tune-up is always in order this time of year. This should include changing the filter in your furnace; having your ducts cleaned; checking and possibly increasing insulation over ductwork running through the attic or crawlspace; clearing debris and overhanging shrubbery from around outdoor heat pump equipment; and having faulty or inefficient thermostats repaired or replaced.

**Prepare humidifiers:** Winter is a dry time inside your home, and many people choose to use a portable or central humidifier to put much-needed moisture back into the air. Now is the time to check your humidifier to make sure it's operating properly, that all necessary plates and filters are in place, and that the system is clean and the water supply is correct. Check your operating and maintenance instructions for more information." **Cleanrite-Buildrite wishes you a safe winter season!**

E E Y S J G A G R P D D N I I G I N N A G T O E  
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Blitzer	Jolly
Candles	Mistletoe
Candy Cane	New Year
Christmas	Noel
Comet	Poinsettia
Cookies	Prancer
Cranberry	Pumpkin Pie
Cupid	Reindeer
Dancer	Rudolph
Dasher	Saint Nicholas
Decoration	Santa Claus
Donner	Scrooge
Eggnog	Sleigh Bells
Family	Snow
Gift	Tradition
Giving	Turkey
Holiday	Vixen

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## What People Are Saying About CRBR

"The technician was great, we were very busy and he worked around our schedule, Great Job." - Shirley O, Red Bluff

"The office staff was very helpful and considerate. We are always satisfied with CRBR." - Susan W, Lake Almanor

"We couldn't have asked for better treatment, Thank You." - Castillo, Yuba City

Cleanrite-Buildrite  
and

 **American  
Red Cross**

Our regional area has changed its name to reflect the entire community in which it serves. Please note the new name and web link.

American Red Cross of Northeastern California  
1-888-5-RED-CROSS Martha: (530) 673-1460  
<http://www.arcnec.org>

# This Month's Contest Question!

We invite our loyal readers to participate this month for a chance to:  
Win a \$35.00 Gift Card for Home Depot!



**QUESTION:** *Carbon monoxide (CO) poisoning is the leading cause of accidental poisoning deaths in America by killing how many people yearly?*

**ANSWER:** IT'S SIMPLE! JUST GO TO:  
[www.cleanrite-buildrite.com](http://www.cleanrite-buildrite.com) or call: 1-800-870-0030 x2115  
or email: [janellew@crbr.com](mailto:janellew@crbr.com) We look forward to hearing from you and GOOD LUCK!

## A Cleanrite-Buildrite "Cheerleader Customer"



"I would like to thank Cleanrite-Buildrite and their crew for a job well done. After a fire destroyed our barn, melting the wiring to our well and leaving us without water

we had no idea where to begin. I called Cleanrite-Buildrite and within hours they were at our property arranging for an electrician and a pump company to begin the repairs. Cleanrite-Buildrite's crew was so helpful, they salvaged what they could and left the site absolutely spotless when they finished. I recommend the professionals at Cleanrite-Buildrite."  
- Linda Worrall, Travel Bye Linda

## DECEMBER HIGHLIGHTS

- December 2 - Hanukkah Begins

- December 7 - National Pearl Harbor Day

- December 10 - Human Rights Day

- December 25 - Christmas Day

- December 31 - New Years Eve



**CRBR NEWS!**  
December 2010



We're Local! Call today and visit us on the web at: [www.cleanrite-buildrite.com](http://www.cleanrite-buildrite.com)

Chico: 1200 W. East Avenue, Chico, CA 95926 (530) 891-0333 Redding: 19690 North Hirsch St, Ste 1, Anderson, CA 96007 (530) 246-4886  
Yuba City: 350 Bridge Street, Suite A, Yuba City, CA 95991 (530) 742-5024 Sacramento: 5430 Florin Perkins Rd, Suite 200, Sac, CA 95826 (916) 381-1321

# 1-800-870-0030



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